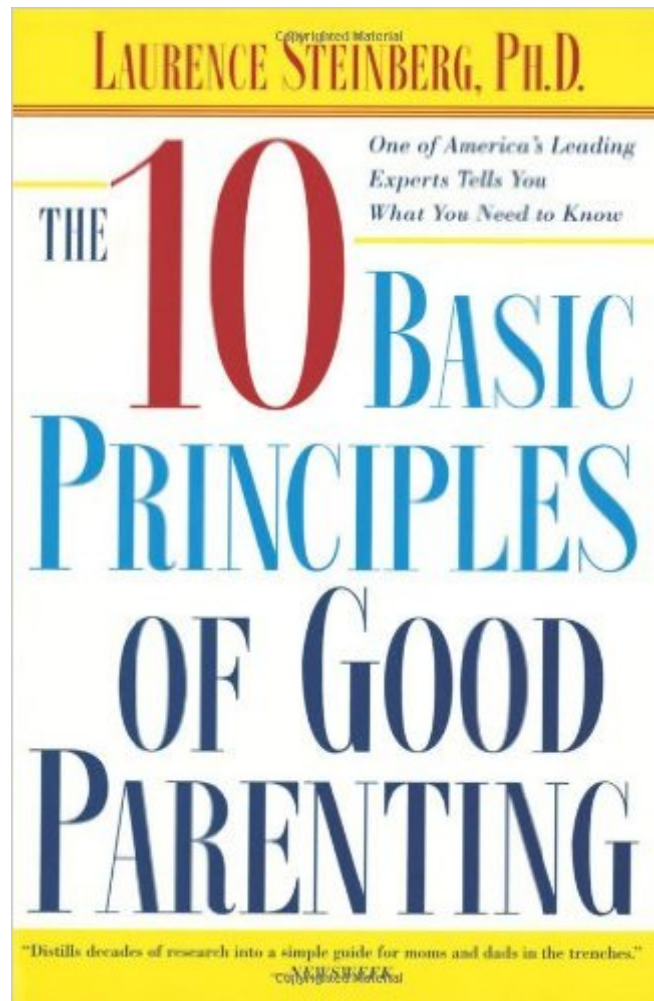


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The Ten Basic Principles Of Good Parenting



Synopsis

Most parents do a pretty good job of raising kids, says psychologist Laurence Steinberg, but truly effective parenting means not just relying on natural instincts but also on knowing what works and why. In *The Ten Basic Principles of Good Parenting*, Dr. Steinberg distills decades of research into a parenting book that explains the fundamentals of raising happy, healthy children, giving readers an invaluable map to help them navigate parenthood from infancy to adolescence. Dr. Steinberg found that the basic principles for effective parenting are simple and universal, and apply to all parents and children regardless of background. He explains each principle and shows how to put it into action, using anecdotes and examples: from "What You Do Matters" (parents make an enormous difference; children are not simply the product of their genes) to "Establish Rules and Limits" (how to provide structure in your child's life, and how to handle conflicts over rules) and "Help Foster Your Child's Independence" (help your child think through decisions instead of making them for him or her). Concise and authoritative, written with warmth and compassion, *The Ten Basic Principles of Good Parenting* is an intelligent guide to raising a happy, healthy child and to becoming a happier, more confident parent in the process.

Book Information

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Customer Reviews

My wife and I are expecting our first child, and even though I've had thoughts all my life about how I would parent, I thought I would get myself a real education, so I bought a lot of books. I feel that most books have a lot of philosophies that I can't relate to, many overly focused on how to discipline

and control your children, and how to make them live up to a lot of (in my opinion) arbitrary adult standards (how to make your 3 year old do her violin practice -- I mean this as a joke, but that's how it feels). There are so many things in society trying to shorten childhood, and I believe that forcing your children to do all these "adult" things makes them do everything out of duty as adults, and not ever really want to. I also remember very clearly what it's like to be a child, and I would have been a lot easier if adults would have simply levelled with me. But somehow, most of these books seem to bypass the whole communication aspect. Don't get me wrong, the parent is certainly the parent, and should have the authority when necessary. But arbitrary authority has had an extremely negative impact on my life, and I believe I got a little screwed up because of it. Anyway, enough about me. But I read this book with the prejudice of it being another book that is focused more on what the parents want than what the children need and helps them blossom as mature, solid human beings. As I read this book, I suddenly developed a deep respect for the author. I completely agree in my heart with almost everything he says, and I've seen from other parents (friends/family) who parent much like he suggests, that this is absolutely the way to go. It creates healthier, more respectful, more loving, and more fun relationships.

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